



Top 10 Reasons

We Take Chances

Check all of the boxes that apply to your task today:

- I overestimate my ability.
- I am too familiar with the task.
- I don't believe the consequences are that bad.
- I am in control. My voluntary actions feel safe.
- I have never seen the negative impact.
- I believe the "cost" is not that high.
- I believe the equipment will not fail.
- I have confidence in protection & rescue.
- I gain a perceived value in the activity.
- I see people I respect take the risk.

Self Check (STAR) before you proceed!





STAR

Self Check



S

S-top Before Each Step

“What are the hazards around me?”



T

T-hink About Task & Hazards

“What is the worse thing that could happen?”



A

A-ct Within Approved Scope

“What do I need to do to prevent it?”



R

R-eview Your Work

“Do I have what I need to do it safely?”

